

PRESS RELEASE

11th March 2008

New Arrival in Rotunda Hospital!

17 young mothers and their children were on hand to greet the latest new arrival in the Rotunda Hospital today – the first issue of Treoir's ***The Young Parent Survival Guide***.

Funded by the Crisis Pregnancy Agency, the ***Survival Guide*** is a magazine for young parents, both mothers and fathers. Articles include: *Pregnant and panicking, Coping with doctors, hospitals and clinics, 10 survival tips for mums, 10 top tips for brand new dads, Money for you and your baby, Legal jargon – what it means and how the law works*, asks the pointed question *Is there school after baby?* and much more.

Information is key to good decision making. It was clear from calls to the National Information Centre of Treoir and feedback from member agencies that young parents, who particularly needed such information, did not have it in a way which was easily accessible to them. We believe that this ***Survival Guide*** will go a long way to addressing this issue.

Editor Margot Doherty said:

This is the first time in Ireland that we have a colourful magazine specifically for young parents in a format which will appeal to young parents. This is an attempt to present the information they need in a way that is attractive and accessible to them.

The ***Survival Guide*** was prepared by people working directly with young parents, including the Teen Parents Support Programme, the Teen Clinic in the Rotunda Hospital and young mothers on the St. Catherine's Moving On Programme in Carlow.

The ***Survival Guide*** is available free of charge from Treoir, the national federation of services for unmarried parents and their children, LoCall 1890252084, Tel: 01-6700 120, info@treoir.ie.

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