

Useful Numbers

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From Lads to Dads

To support **fathers** in becoming **positive, influential, active role models** in the lives of their children

Where you can **listen, chat & get advice.**

We aim to **alleviate** any anxiety or fear and move past the negative stereotypes around becoming a young parent.

Why attend?

From Lads to dads is a community based support group, providing a safe, confidential and supportive environment for young fathers to talk and share their experiences. As they navigate their way through all aspects of parenthood.

What to expect?

This programme aims to equip fathers with the necessary tools, guidance and life skills in order to become active, positive role models in the lives of their children.

From Lads To Dads is a family based support service for young fathers, which offers practical advice on parenthood. Teaches coping skills, communication skills and addresses the many issues that may arise for young fathers, through a group sharing network.

This programme is delivered through a one to one service or in a workshop style to offer a participative learning environment.

- We are confident that this program and support will help you to.
- Talk about all aspects of parenthood and generally feel acceptance and support.
- Build confidence yourself and your parenting skills.
- Support to take care of your child before the birth and throughout their lives.
- Share experiences with those on the same journey, in a confident and non judgemental environment.
- The importance of being a positive male role model in the lives of your children .
- Help you avail of additional support networks in your area.

This service is for

- Expectant teen fathers.
- Young fathers.
- Older fathers.
- For anyone looking for more support around all aspects of fatherhood.

Stats

The importance of father involvement

Children who grow up with fathers are

- More likely to achieve higher academically.
- Less likely to repeat a grade throughout school or college.
- Two times as likely to go on to college and find stable employment after secondary school.
- Less likely to spend time in jail or juvenile detention.
- Less likely to have a teen birth.

Confidentiality

From Lads To Dads attendees agree to keep everything that is discussed and takes place during any of the meetings in complete confidentiality.

This is essential in allowing each person the safety to express whatever he or she would like to express.